

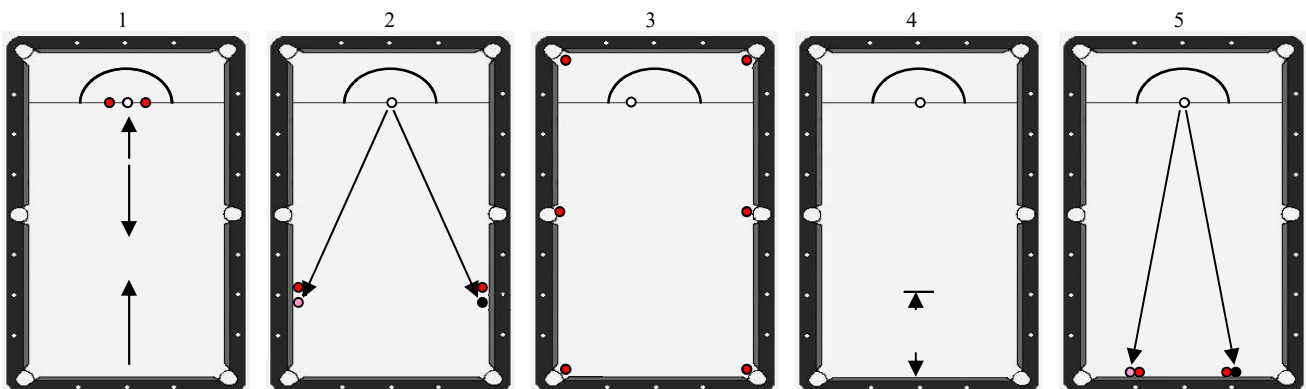


## RED BALL FORMAT 紅球

### Level 1 一級

**Exercises (1 successful attempt from 3 attempts on each exercise for a pass – play all 3 attempts)**  
**練習 (每個習題作 3 次嘗試，最少有 1 次成功完成習題方為合格。)**

- Place 2 red balls 15 cms each side of the brown spot. Play the cue ball off the brown spot over the blue, pink and black and back spots to pass back through the two reds without touching them;  
 放 2 隻紅波在啡波點兩側各約 15 厘米距離，把母球由啡波點打出，經過藍波點、粉紅波點和黑波點，再返回及在 2 隻紅波中間通過，但不能觸碰 2 隻紅波。
- Place a red and a colour 1 ball's width apart on both side cushions about half way between the top pocket and the centre pocket. Strike the cue ball from the brown spot to make contact with the coloured ball and without moving the red ball (both sides for 1 successful attempt);  
 放 1 隻紅波和 1 隻顏色波在兩側咕邊，大約在尾袋和中袋的中間位置，2 隻波距離為 1 個波位。把母球在啡波點位置打出，擊中顏色波，但不能觸碰紅波。擊中兩邊顏色波定為 1 次成功嘗試。
- Place a red 1 cm from each pocket. In 6 shots (or less) pot all 6 reds. Cue ball must start in the 'D'.  
 放 1 隻紅波在每個袋口距離 1 厘米位置，母球放在“D”區內，用 6 次擊球 (或少於) 把所有紅波打入袋。
- Place the cue ball on the brown spot. Play the cue ball down the table (with or without bouncing off the top cushion) to finish between the pink spot and the top cushion;  
 放母球在啡波點，打出並停在粉紅波點和頂部咕邊之間位置 (觸碰頂部咕邊與否均可)。
- Place a red and a colour ball touching each other about half way between the centre of the top cushion and the corner pockets (on both sides). Strike the cue ball from the brown spot to make contact with the coloured ball. Make contact with both coloured balls only in 2 successive strokes to achieve 1 successful attempt.  
 把 1 隻紅波和 1 隻顏色波放在一起，放在頂部咕邊中心與尾袋 (2 邊) 之間約中間位置，把母球由啡波點打出和擊中顏色波，擊中兩邊顏色波定為 1 次成功嘗試。



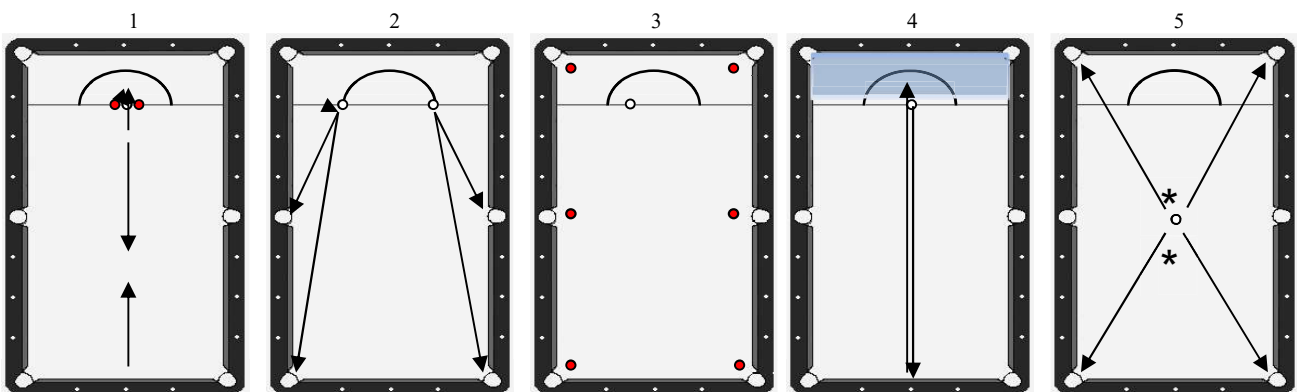


## RED BALL FORMAT 紅球

### Level 2 二級

**Exercises (1 successful attempt from 3 attempts on each exercise for a pass – play all 3 attempts)**  
**練習 (每個習題作 3 次嘗試，最少有 1 次成功完成習題方為合格。)**

1. Place 2 red balls 10 cm each side of the brown spot. Play the cue ball off the brown spot, up the table over the blue, pink and black spots and back to pass the two reds without touching them;  
 放 2 隻紅波在啡波點兩側各約 10 厘米距離，把母球由啡波點打出，經過藍波點、粉紅波點和黑波點，再返回及在 2 隻紅波中間通過，但不能觸碰 2 隻紅波。
2. Pot the cue ball into the same side top and centre pockets from the yellow spot and from the green spot. 4 consecutive pots to count as 1 successful attempt;  
 放母球分別在黃波點和綠波點，再分別由黃波點和綠波點位置把母球打入相同方向的尾袋和中袋。打入 4 球定為 1 次成功嘗試。
3. Place a red 2 ball's width from each pocket. In 6 shots (or less) pot all 6 reds. White to start in 'D';  
 放 1 隻紅波在每個袋口約 2 隻波距離的位置，母球放在“D”區內，用 6 次擊球 (或少於) 把所有紅波打入袋。
4. Place the cue ball on the brown spot. Try to play the cue ball up and down the table to finish between the baulk line and bottom cushion;  
 放母球在啡波點，打出母球撞擊頂部咕邊及回到底部咕邊，並停在開球線和底部咕邊之間位置。
5. Place the cue ball on the blue spot and attempt to pot it into the 4 corner pockets using the short rest (3 from 4 for a pass).  
 將母球放在藍波點，使用短輔助桿將母球打入 4 個尾袋 (打 4 球入 3 球定為 1 次成功嘗試。)



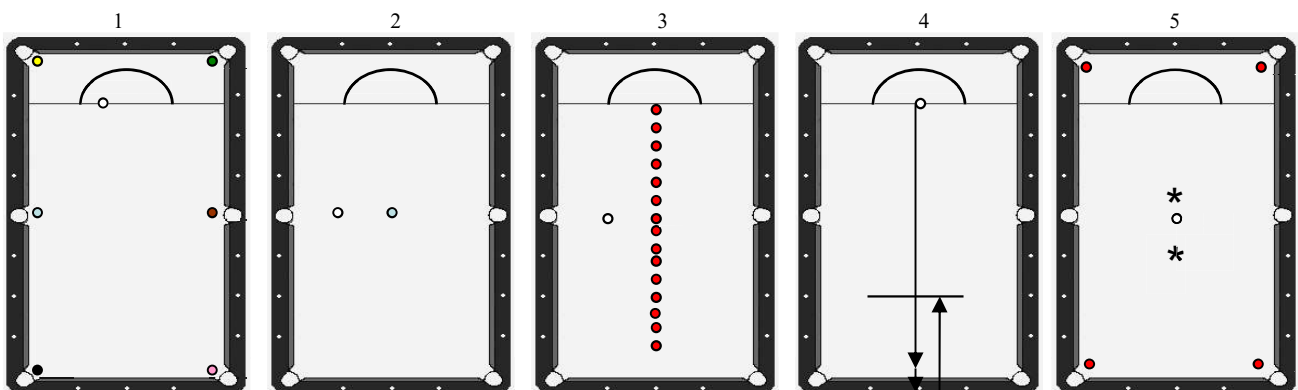


## YELLOW BALL FORMAT 黃球

### Level 1 一級

**Exercises (1 successful attempt from 3 attempts on each exercise for a pass – play all 3 attempts)**  
**練習 (每個習題作 3 次嘗試，最少有 1 次成功完成習題方為合格。)**

- Starting with the white ball in the 'D' and the colours one ball's width into the table from each of the pockets, pot the colours in the correct order;  
 白波放在“D”區內開始，而 6 隻顏色波各放在袋口約 1 隻波的距離位置；然後以正確次序將顏色波順序打入袋。
- Place the cue ball half way between the blue ball spot and the side cushion. Pot the blue straight from it spot using top spin, stun and screw back (either side).  
 放母球在藍波點和側咕邊之間約一半位置，分別使用高、中、低桿法，直線將藍波打入袋（白波放在任何一邊都可以）。
- 15 reds line up - attempt to pot any 3 balls consecutively. Cue ball in hand for the first shot;  
 15 隻紅波以一直線排列，嘗試將任何 3 隻波連續打入袋。第一次擊球母球可放在枱上任何位置。
- Place the cue ball on the brown spot. Play the cue ball down the table, bouncing off the top cushion to finish between the pink spot and the top cushion;  
 放母球在啡波點，打出母球及撞擊頂部咕邊，並停留在粉紅波點和頂部咕邊之間位置。
- Put a red approx. one ball's width from the four corner pockets for a pot that is just off straight. Pot the reds with the short rest with the cue ball on the blue spot. Pot 3 from 4 for a successful attempt.  
 放紅波在 4 個尾袋約 1 隻波的距離位置，母球放在藍波點，使用短輔助桿將紅波打入 4 個尾袋。(打 4 球入 3 球定為 1 次成功嘗試。)



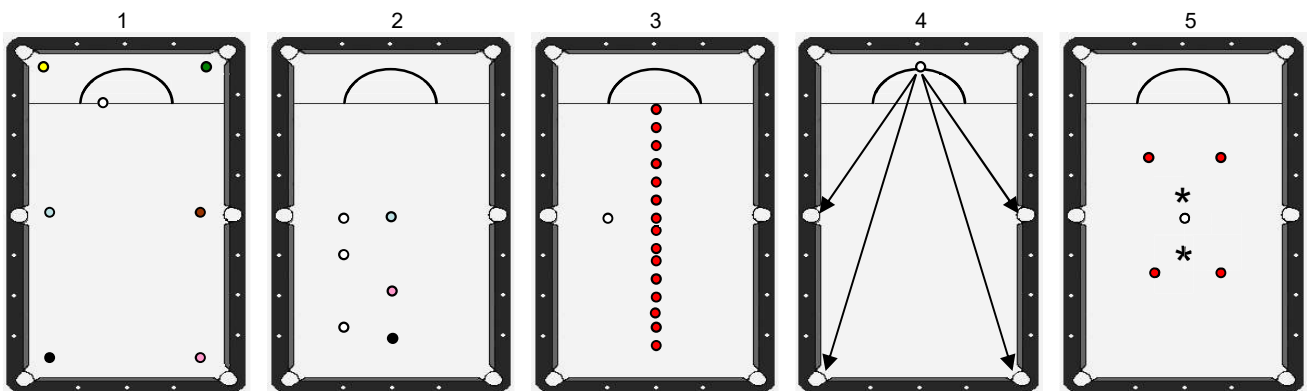


## YELLOW BALL FORMAT 黃球

### Level 2 二級

**Exercises (1 successful attempt from 3 attempts on each exercise for a pass – play all 3 attempts)**  
**練習 (每個習題作 3 次嘗試，最少有 1 次成功完成習題方為合格。)**

- Starting with the white ball in the 'D' and the colours two balls' width into the table from the pockets, pot the colours in the correct order;  
 白波放在“D”區內開始，而 6 隻顏色波各放在袋口約 2 隻波的距離位置；然後以正確次序將顏色波順序打入袋。
- Pot the blue, pink and black straight from their own spots using top spin, stun and screw back (either side);  
 分別使用高、中、低桿法，分別直線將藍波、粉紅波及黑波打入袋（白波放在任何一邊都可以）。
- 15 reds line up and attempt to pot any 5 balls consecutively. Cue ball in hand for the first shot;  
 15 隻紅波以一直線排列，嘗試將任何 5 隻波連續打入袋。第一次擊球母球可放在枱上任何位置。
- Cue ball one ball width from the cushion directly behind the brown spot. Pot the cue ball into the middle and far corner pockets in 4 consecutive pots;  
 母球放在啡波點後面與底部咕邊約 1 隻波的距離位置。將母球連續打入兩邊中袋和尾袋。
- Place the cue ball on the blue spot. In turn, put a straight red 30 cms from the blue spot for each of the 4 corner pockets. Pot the red using the short rest. Repeat for all 4 corner pockets. Need to pot at least 2 reds from 4 for a successful attempt.  
 將母球放在藍波點，紅波放在藍波點約 30 厘米距離向 4 隻尾袋方向，使用短輔助桿將紅波打入 4 個角袋。需要最少 2 隻紅波入袋。



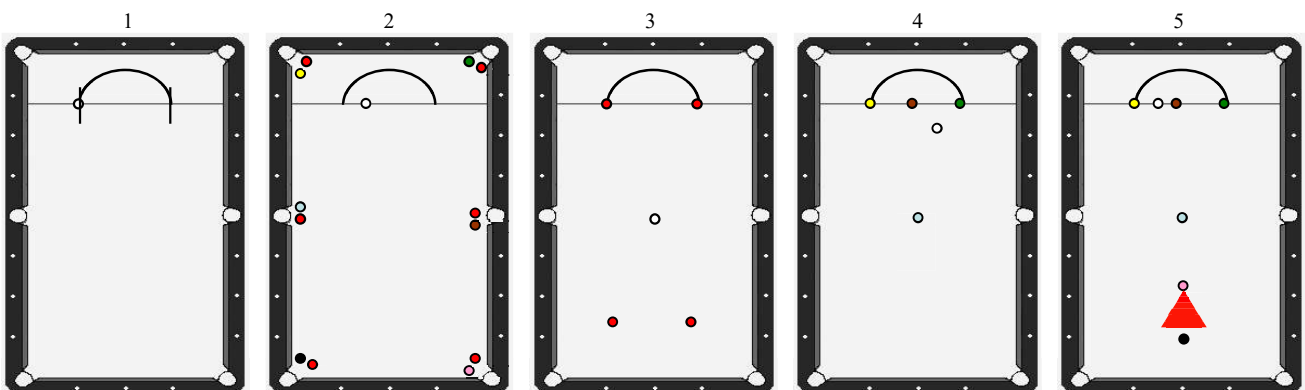


## GREEN BALL FORMAT 綠球

### Level 1 一級

**Exercises (1 successful attempt from 3 attempts on each exercise for a pass – play all 3 attempts)**  
**練習 (每個習題作 3 次嘗試，最少有 1 次成功完成習題方為合格。)**

1. Gentle shots. Place the cue ball on the yellow spot. Gently play the cue ball along the baulk line. Playing the next shot from where the cue ball finishes, try to work the cue ball from the yellow spot along the baulk line, but not past the green spot, with a minimum 8 shots;  
 放母球在黃波點，在開球線上輕力打出母球。母球在停頓的位置再擊球，嘗試把母球由黃波點起沿著開球線向綠波點，但不能超越綠波點，做出不少於 8 次的擊球。
2. Place all object balls two balls width into the table. Start with the cue ball in the ‘D’. Pot a red and then a colour. You can choose to pot any red, but the colours have to be potted in order. Try to clear the table (reds and colours stay in the pockets once potted);  
 放所有目標球在袋口約 2 隻波的距離位置，母球放在“D” 區內開始，打入紅波然後打顏色波，可以任意選擇任何一隻紅波，但顏色波就需要按正確次序順序打入。嘗試把所有波打入袋。
3. Put one red on the yellow spot and one red on the green spot. Place 2 reds in similar position at the top end of the table. Pot the reds using the rest with the cue ball on the blue spot. Need to pot at least 2 reds from 4 for a successful attempt;  
 放一隻紅波在黃波點、一隻紅波在綠波點，再放 2 隻紅波在球枱頂端位置作出近似的擺位。母球放在藍波點，使用輔助桿把所有紅波打入袋。打 4 隻最少打入 2 隻紅波為 1 次成功嘗試。
4. Pot the yellow, green, brown & the blue in sequence. The cue ball must hit a cushion on 1st shot;  
 把黃波、綠波、啡波和藍波按次序順序打入袋，母球必須在第一次擊球時撞擊咕邊。
5. Breaking off and back to baulk. The cue ball should not make contact with any colours and must finish behind the baulk line.  
 開球及回到開球線後方，母球不可觸碰任何一隻顏色波，完成後必須停留在開球線後面。





## GREEN BALL FORMAT 綠球

### Level 2 二級

**Exercises (1 successful attempt from 3 attempts on each exercise for a pass – play all 3 attempts)**  
**練習 (每個習題作 3 次嘗試，最少有 1 次成功完成習題方為合格。)**

1. Fifteen reds line up (from brown to black spot). Attempt to pot any 7 reds consecutively. Cue ball in hand for the first shot;  
 15 隻紅波以一直線排列 (由啡波點至黑波點)，嘗試將任何 7 隻紅波連續打入袋。第一次擊球母球可放在枱上任何位置。
2. Place the object balls two balls width into the table as shown in the plan. Start with the cue ball in the 'D'. Pot the red next to the yellow, followed by potting the yellow (colours and reds stay in the pocket). Then the red next to the green, followed by potting the green and so on in order. Try to clear the table;  
 放所有目標球在袋口約 2 隻波的距離位置，母球放在“D”區內開始，先打黃波旁的紅波入袋，然後打黃波入袋。隨後打綠波旁的紅波入袋，然後打綠波入袋。照這個方式，以正確次序嘗試順序把所有波打入袋。
3. Pot the yellow using the rest with the cue ball on the blue spot. Obtain position for the green. Pot the green and brown to complete the exercise;  
 母球放在藍波點，用輔助桿把黃波打入袋。然後把綠波和啡波打入袋完成練習。
4. Pot the colours in their sequence off their spots. Ball in hand anywhere on the table. Yellow must be potted into its 'own pocket';  
 以正確次序把所有顏色波順序打入袋，母球可放在枱上任何位置，黃波必須打入最近黃波的尾袋。
5. Breaking off and back to baulk. The cue ball should not make contact with any colours and must finish within three balls width of the bottom cushion.  
 開球及回到開球線後方，母球不可觸碰任何一隻顏色波，完成後必須停留在底部咕邊 3 隻波距離的範圍內。

